

Tatu's All*Star Resident Soccer Camp



CHECK-LIST OF ITEMS NEEDED FOR CAMP

- _____ BALL & Pump, Coaches will gather the balls after each session
- _____ SOCCER SHOES and SHIN GUARDS (mandatory)
- _____ Non-marking flat gum rubber Court Shoes (Indoor shoes) for Gym and Tennis Courts
- _____ Running Shoes
- _____ Soccer sandals for meal times, pool, casual time. Walking around barefoot is not permitted
- _____ 15-20 T-shirts
- _____ 10-15 pairs of shorts
- _____ 15-20 pairs of Soccer socks
- _____ 10 pairs of sweat socks, crew or ankle.
- _____ Hat (baseball style)
- _____ Large 1 Quart minimum-Insulated Water Bottle (mandatory)
- _____ Swimsuit
- _____ 5 Towels
- _____ Pillow with Pillowcase
- _____ Twin Sheets (Long)
- _____ Blanket (or Sleeping Bag if placed on top of sheets)
- _____ One large plastic trash bag, & 1 large towel to be used as liner on top of mattress, under sheets
- _____ One small trash can for use in dorm room. School does not provide trash cans.
- _____ Sleep Clothes
- _____ Watch or Clock (we will provide wake-up calls)
- _____ Sunblock (mandatory)
- _____ Toiletries (ie: toothpaste, brush, soap, shampoo, etc.)
- _____ Baby Powder or Baby Corn Starch if susceptible to rashes
- _____ 6 One Quart size Ziploc bags for Icing injuries
- _____ One elastic Ace Bandage to hold ice bags in place for injury icing
- _____ Insect Repellant (especially if susceptible or Allergic)
- _____ Pen, Pencil, Paper
- _____ Goalie Equipment, if goalkeeper
- _____ Medications, if applicable

****Smoking & alcoholic beverages are not permitted on the campus. Proper behavior, and language is expected. Camper safety rules are very important.

Anyone violating these rules will be subject to being sent home from camp, & will forfeit all tuition money.

****Video games permitted during rest times, no use after 10 pm, be prepared to share electronic games.

**** Plenty of food will be provided at every meal. We do not recommend bringing more than \$50 for late night snacks or video machines. A Camp Bank will be available to keep money safe. Campers are encouraged to deposit their money & keep a daily allowance with them as needed. Dorm doors will be locked by the coach while we are out of the dorms.

****Refrigerators are not available in the dorm rooms. You may bring a small one if you have one.

****We will try to arrange a local pizza delivery for late night snacks. 14" pizzas (8-10 slices) with one topping will cost approx \$ 7-8, orders will need to be given to the coach by Lunchtime for delivery that evening.

**** We recommend that campers turn **cell phones** in to their coach for safekeeping, and to avoid non-emergency phone/text calls that may keep campers (or parents) from sleeping at night.

**** DO NOT bring valuables or jewelry which cannot be replaced.

**** Some Soccer equipment (Shin Guards, Socks, T-shirts, Shorts) will be available at our Pro-shop.